



**CHELLAMMAL WOMEN'S COLLEGE
OF THE PACHAIYAPPA'S TRUST
UNIVERSITY OF MADRAS AFFILIATED
NATIONAL SERVICE SCHEME**



Women's Health Initiative: Calcium & Iron Tablets Distribution Drive

Organized by: Urban Primary Health Centre (UPHC), Ekkattuthangal, Government of Tamil Nadu in collaboration with NSS Units, Chellammal Women's College

Date: 10 December 2025

Venue: Chellammal Campus

Participants: 50 NSS Volunteers

On 10 December 2025, a **Women's Health – Calcium & Iron Tablet Drive** was organized in collaboration with the **Urban Primary Health Centre (UPHC), Ekkattuthangal, Government of Tamil Nadu**. Around **50 NSS volunteers** coordinated the programme and ensured the systematic and hygienic distribution of supplements to the students. A total of **30,000 supplements** – including **Calcium Carbonate with Vitamin D3, Ferrous Sulphate, and Folic Acid tablets (10,000 each)** – were distributed to **2,500 Shift I and Shift II students**.

The programme also included **awareness sessions on women's health, nutrition, and the importance of dietary supplements**. The initiative aimed to improve **health awareness and nutritional well-being** among students and encourage them to maintain a healthy lifestyle.

NSS Programme Officers

1. Dr. S. SUSA – Unit II 

2. Dr. Ananda Priya – Unit III 

3. Dr. J. Velankanni Sumathi – Unit I 


PRINCIPAL

**PRINCIPAL
CHELLAMMAL WOMEN'S COLLEGE
OF THE PACHAIAPPA'S TRUST
GUINDY, CHENNAI - 32.**





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**PHOTO GALLERY - Women's Health Initiative: Calcium & Iron Tablets
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