



**CHELLAMMAL WOMEN'S COLLEGE
OF THE PACHAIYAPPA'S TRUST
UNIVERSITY OF MADRAS AFFILIATED**



NATIONAL SERVICE SCHEME

Event: Menstrual Hygiene Promotion – Napkin Distribution Drive

Organized by: Urban Primary Health Centre (UPHC), Ekkattuthangal, Government of Tamil Nadu in collaboration with NSS Units, Chellammal Women's College

Date: 07 January 2026

Venue: Chellammal Campus

Participants: 100 NSS Volunteers

On 07 January 2026, a Menstrual Hygiene Promotion – Napkin Distribution Drive was organized in collaboration with the Urban Primary Health Centre (UPHC), Ekkattuthangal, Government of Tamil Nadu. Around 100 NSS volunteers of Chellammal Women's College actively coordinated the programme. During the drive, 10,000 sanitary napkins were distributed to all Shift I and Shift II students of the college.

The programme aimed to create awareness about menstrual hygiene and women's health among students. Through this initiative, the importance of maintaining proper menstrual hygiene was emphasized, encouraging students to adopt healthy practices and promoting overall well-being.

NSS Programme Officers

1. Dr. S. SUSA – Unit II 
2. Dr. Ananda Priya – Unit III 
3. Dr. J. Velankanni Sumathi – Unit I 



PRINCIPAL

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CHELLAMMAL WOMEN'S COLLEGE
OF THE PACHAIAPPA'S TRUST
GUINDY, CHENNAI - 32.**





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**NATIONAL SERVICE SCHEME
PHOTO GALLERY - Menstrual Hygiene Promotion**

Date: 07.01.2026

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