



**CHELLAMMAL WOMEN'S COLLEGE
OF THE PACHAIYAPPA'S TRUST
UNIVERSITY OF MADRAS AFFILIATED**



National Service Scheme (NSS)

NSS Regular Activities Report – Academic Year 2024–2025

During the academic year 2024–2025, the National Service Scheme (NSS) units of Chellammal Women's College actively organized and participated in several on-campus and off-campus activities focusing on health awareness, social responsibility, environmental sustainability, community engagement, and youth empowerment. The programmes were conducted in collaboration with government departments, educational institutions, and social organizations, providing valuable opportunities for students to develop leadership skills, civic consciousness, and a spirit of community service.

Activities Conducted

1. Napkin Distribution Programme

On 18th June 2024, the Greater Chennai Corporation, Ekkattuthangal, donated sanitary napkins to the students of Chellammal Women's College. More than 2,500 sanitary pads were distributed by the NSS Programme Officers and NSS volunteers, promoting menstrual hygiene awareness and women's health.

2. Women's Health and Hygiene Awareness Programme

On 12th August 2024, the Rotary Club of Madras Downtown, in collaboration with the NSS Units of Chellammal Women's College, conducted an awareness programme on women's health and hygiene. The guest speakers shared valuable insights on health, sanitation, and personal hygiene. The programme included street play performances, which made the session interactive and informative.

3. Partition Horrors Remembrance Day

On 14th August 2024, 50 NSS volunteers from Chellammal Women's College participated in the Partition Horrors Remembrance Day observance at Raj Bhavan, Chennai. The programme commemorated the victims of the 1947 Partition and aimed to promote peace, unity, and historical awareness among youth.

4. Anti-Drug Awareness Programme – “போதை இல்லா பாதை”

On 16th August 2024, an Anti-Drug Awareness Programme titled “போதை இல்லா பாதை” was organized at Chellammal Women's College with the participation of 200 NSS volunteers. Mr. Baskaran Krishnamoorthy, the Chief Guest, highlighted the importance of personal responsibility and Gandhian principles in preventing substance abuse. Dr. Jeyashree Sharma, Gynaecologist and General Physician, emphasized mental health awareness and community support systems. The programme created awareness about the harmful effects of drug abuse and encouraged students to adopt a drug-free and healthy lifestyle.

5. Cancer Awareness Orientation Programme

On 22nd August 2024, Dr. M. S. Sumathi and Dr. S. Susa, NSS Programme Officers of Chellammal Women's College, attended the Cancer Awareness Orientation Programme organized by the Department of Psycho-Oncology, Cancer Institute, in collaboration with the NSS Cell, University of Madras. The programme focused on cancer awareness, including early detection, stages of cancer, treatment methods, preventive lifestyle practices, and the role of NSS Programme Officers as ambassadors in promoting cancer awareness among students and society.

6. Menstrual Wellness Programme

On 03rd September 2024, 50 NSS volunteers from Chellammal Women's College participated in the Menstrual Wellness Programme conducted at DDGD Vaishnav College, Arumbakkam, in collaboration with NSS University of Madras and Dream Kalam.

7. Kabasura Kudineer Distribution

On 06th September 2024, Kabasura Kudineer, a traditional herbal immune booster, was distributed to students by the Greater Chennai Corporation with the support of NSS volunteers. Nearly 2,000 students benefited from this initiative, promoting preventive healthcare awareness among students.

8. Deworming Tablets Distribution Drive

On 11th September 2024, a Deworming Tablets Distribution Drive was organized at Chellammal Women's College to promote preventive healthcare and hygiene awareness. During the programme, 1,500 deworming tablets were distributed, and 300 NSS volunteers actively participated in organizing and implementing the initiative.

9. Yoga Orientation Programme

A Yoga Orientation Programme was conducted on 23rd September 2024 in collaboration with the NSS Cell, University of Madras. The session was led by Swami Udaaradhi from the Isha Yoga Foundation, Coimbatore. Around 85 students participated, learning yoga techniques for physical and mental well-being.

10. Art and Craft Skill Development Workshop

The NSS Units of Chellammal Women's College, in collaboration with Pidilite Fevicryl, organized an Art and Craft Skill Development Workshop starting from 24th September 2024. The classes were conducted twice a week to encourage creativity and enhance students' practical skills. The workshop included various creative activities such as tote bag creation, T-shirt painting, tie and dye, liquid embroidery, jewellery making, fridge magnet designing, incense holder crafting, paper bag making, bottle art, and Gond art.

These activities helped students develop artistic skills, creativity, and teamwork, while also promoting hands-on learning and skill development.

11. World Ozone Day – Mega Recycle Exchange Drive

A Mega Recycle Exchange Drive was organized by Dream Kalam International in collaboration with NSS University of Madras from 16th September to 15th October 2024. The college contributed 500 kg of waste paper, promoting the Reduce-Reuse-Recycle principle. Participants received certificates, and the college received an overall shield award.

12. Vigilance Awareness Week – Integrity Pledge

On **28th October 2024**, Vigilance Awareness Week was observed. Around 100 students took the Integrity Pledge, emphasizing the importance of transparency, ethical behaviour, and responsible citizenship.

13. Anti-Drug Awareness Signature Campaign

On **09th January 2025**, an Anti-Drug Awareness Signature Campaign was organized in collaboration with the Dream Kalam Foundation and the NSS Cell, University of Madras. Around 1,500 students and 100 faculty members, including teaching and non-teaching staff, participated by signing the campaign cloth, expressing their commitment to the Drug-Free Tamil Nadu initiative.

14. Drug-Free Tamil Nadu Pledge Programme

On **10th January 2025**, a Drug-Free Tamil Nadu Pledge Programme was conducted at Chellammal Women's College. During the programme, around 1,500 students and 100 faculty members took a pledge against drug abuse, committing themselves to promoting a drug-free and healthy lifestyle in society.

15. Cyber Awareness Walkathon – 1930 Helpline

On **29th January 2025**, 50 NSS volunteers from Chellammal Women's College participated in a Cyber Awareness Walkathon organized by the Cyber Crime Wing of Tamil Nadu Police to promote the 1930 Cybercrime Helpline. The walkathon aimed to create awareness among the public about cyber fraud prevention and the importance of reporting cybercrime through the 1930 helpline.

16. Leprosy Awareness and Medical Camp

On **30th January 2025**, a Leprosy Awareness and Medical Camp was jointly organized by the National Leprosy Eradication Programme (NLEP), Chennai District, and the NSS Units of Chellammal Women's College. Doctors from the Government of Tamil Nadu conducted medical check-ups and distributed medicines. Nearly 1,000 students and members of the public benefited from the camp.

17. State Level Workshop – Youth for Social Justice

From **31st January 2025 to 02nd February 2025**, Dr. S. Susa, Assistant Professor and NSS Programme Officer of Chellammal Women's College, was selected by the University of Madras to serve as a Contingent Leader for the State Level Workshop on Youth for Social Justice held at Bharathiar University, Coimbatore. She guided and accompanied 16 NSS volunteers representing the University of Madras, enhancing their understanding of youth leadership, social responsibility, and community engagement.

18. Anti-Drug Awareness Programme

On **28.02.2025**, an Anti-Drug Awareness Programme was organized at **Chellammal Women's College, Guindy** to educate students about the dangers of drug abuse. A total of **80 NSS volunteers** actively participated in the programme.

The session highlighted the **adverse effects of drugs on health, society, and youth development**. As part of the programme, the volunteers took a **pledge to abstain from drugs**

and to promote a healthy, drug-free society. The programme created greater awareness among students about the importance of drug abuse prevention.

19. Self-defence Training Programme

From **04th March 2025 to 07th March 2025**, five NSS volunteers from Chellammal Women's College participated in a Self-defence Training Programme organized by the Greater Chennai Police in association with the NSS Cell, University of Madras under the Safe City Project (Nirbhaya Scheme). The programme focused on personal safety awareness and practical self-defence techniques to empower women students.

20. “ஓன்றிணைவோம்” Mega Awareness Programme

On **13th March 2025**, the “ஓன்றிணைவோம்” Mega Awareness Programme was jointly organized by the Tamil Nadu Police – Social Justice and Human Rights Wing, Greater Chennai Police, and the NSS Units of Chellammal Women's College. The programme created awareness among students about human rights, social justice, and responsible citizenship, benefiting around 400 students.

21. Sensitization & Action Programme on Empowering NSS Leaders

On **14.03.2025**, a Sensitization and Action Programme on **Empowering NSS Leaders and Establishing Youth Against Cancer Clubs (YACC) for Cancer Prevention and Tobacco-Free Educational Institutions** was jointly organized by the Cancer Institute (WIA), Adyar and the National Service Scheme, University of Madras from **9.00 a.m. to 3.00 p.m.**

Four NSS volunteers from **Chellammal Women's College, Guindy, Chennai**, participated in the programme. The session created awareness about **cancer prevention, the harmful effects of tobacco, and early detection**. The programme motivated volunteers to promote **tobacco-free educational institutions and cancer awareness activities** among students and the community.

22. Mega Human Chain Awareness Programme – Drug-Free Tamil Nadu




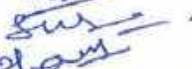


On **15th March 2025**, 100 NSS volunteers from Chellammal Women's College participated in the Drug-Free Tamil Nadu Mega Human Chain Programme at Besant Nagar Beach, contributing to a 2,500-meter signature cloth campaign involving 2.5 lakh students.

23. Regular NSS Extension Activity

During the academic year 2024–2025, first-year students actively participated in regular NSS extension activities conducted after college hours from 2:00 PM to 3:00 PM. Students engaged in campus cleaning and maintenance activities under the supervision of the NSS Programme Officers and volunteers. These activities promoted discipline, environmental responsibility, teamwork, and community service, contributing to a clean and sustainable campus environment.

The NSS activities conducted during the academic year 2024–2025 significantly contributed to the holistic development of students and the welfare of society. Through a wide range of programmes focusing on health awareness, environmental sustainability, social justice, and community outreach, NSS volunteers demonstrated their commitment to service, leadership, and responsible citizenship. These initiatives strengthened students' leadership skills, teamwork, civic consciousness, and social responsibility, thereby reinforcing the role of NSS in community development and nation-building.

NSS Programme Officers

1. Dr M. S. Sumathi 
2. Dr K. Anbarasi 
3. Dr S. Kanimozhi 
4. Dr S. Susa 
5. Dr P. Vimala 
6. Dr S. Ananda Priya 


PRINCIPAL

PRINCIPAL
CHELLAMMAL WOMEN'S COLLEGE
OF THE PACHAIAPPA'S TRUST
GUINDY, CHENNAI-32.



NSS Activities Summary Table (Academic Year 2024–2025)

S.No	Date	Title of the Programme	Organizing Agency / Collaboration	No. of Participants / Beneficiaries	Outcome
1	18.06.2024	Napkin Distribution Programme	Greater Chennai Corporation & NSS CWC	2500+ students	Promoted menstrual hygiene awareness
2	12.08.2024	Women's Health & Hygiene Awareness	Rotary Club of Madras Downtown & NSS CWC	200 students	Awareness on hygiene and health practices
3	14.08.2024	Partition Horrors Remembrance Day	Raj Bhavan, Chennai	50 volunteers	Promoted historical awareness and national unity
4	16.08.2024	Anti-Drug Awareness Programme – “போதை இல்லா பாதை”	NSS, Chellammal Women's College	200 volunteers	Awareness on drug abuse prevention
5	22.08.2024	Cancer Awareness Orientation Programme	Cancer Institute & NSS University of Madras	NSS Programme Officers	Awareness on cancer prevention
6	03.09.2024	Menstrual Wellness Programme	DDGD Vaishnav College, NSS University of Madras & Dream Kalam	50 volunteers	Awareness on menstrual health
7	06.09.2024	Kabasura Kudineer Distribution	Greater Chennai Corporation & NSS	2000 students	Promoted immunity and preventive healthcare

8	11.09.2024	Deworming Tablets Distribution Drive	NSS	1500 tablets / 300 volunteers	Preventive health awareness
9	23.09.2024	Yoga Orientation Programme	NSS University of Madras & Isha Yoga Foundation	85 students	Promoted physical and mental well-being
10	24.09.2024 onwards	Art & Craft Skill Development Workshop	Pidilite Fevicryl & NSS	100+ students	Skill development and creative learning
11	28.10.2024	Vigilance Awareness Week – Integrity Pledge	NSS CWC	100 students	Promoted ethical behaviour and transparency
12	Sept–Oct 2024	World Ozone Day – Mega Recycle Exchange Drive	Dream Kalam International & NSS University of Madras	500 kg waste paper collected	Promoted environmental sustainability
13	09.01.2025	Anti-Drug Awareness Signature Campaign	Dream Kalam Foundation & NSS University of Madras	1500 students + 100 faculty	Support for Drug-Free Tamil Nadu
14	10.01.2025	Drug-Free Tamil Nadu Pledge Programme	Dream Kalam & NSS	1500 students + 100 faculty	Commitment to drug-free lifestyle
15	29.01.2025	Cyber Awareness Walkathon – 1930 Helpline	Tamil Nadu Police Cyber Crime Wing	50 volunteers	Awareness on cybercrime prevention

16	30.01.2025	Leprosy Awareness & Medical Camp	NLEP Chennai District & NSS	1000 beneficiaries	Awareness on disease prevention
17	31.01.2025 – 02.02.2025	State Level Workshop – Youth for Social Justice	Bharathiar University & Youth Welfare Dept.	16 volunteers	Leadership and social justice awareness
18	28.02.2025	Anti-Drug Awareness Programme	NSS, Chellammal Women's College	80 NSS Volunteers	Students developed awareness on drug abuse prevention and committed to promoting a drug-free society.
19	04.03.2025 – 07.03.2025	Self-defence Training Programme	Greater Chennai Police & NSS University of Madras	5 volunteers	Women safety and self-defence skills
20	14.03.2025	Sensitization and Action Programme on Empowering NSS Leaders and Establishing Youth Against Cancer Clubs (YACC) for Cancer Prevention and Tobacco-Free Educational Institutions	Cancer Institute (WIA), Adyar & National Service Scheme, University of Madras	4 NSS Volunteers	Volunteers gained awareness on cancer prevention and were motivated to promote tobacco-free campuses.
21	15.03.2025	Mega Human Chain – Drug-Free Tamil Nadu	Dream Kalam	100 volunteers	Awareness on drug abuse prevention
22	13.03.2025	“ஒன்றிணைவோம்” Awareness Programme	Tamil Nadu Police – Social Justice Wing	400 students	Awareness on human rights and social justice

23	2024-2025	Regular NSS Extension Activity	NSS	First-year students & NSS Volunteers	Promoted cleanliness and environmental responsibility
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NSS Programme Officers

1. Dr M. S. Sumathi
2. Dr K. Anbarasi
3. Dr S. Kanimozhi
4. Dr S. Susa
5. Dr P. Vimala
6. Dr S. Ananda Priya

H.S. [Signature]
K. Anbarasi 14/3/26
S. Susa
P. Vimala
[Signature]

V. [Signature]
PRINCIPAL

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OF THE PACHAIAPPA'S TRUST
GUINDY, CHENNAI-32.





**CHELLAMMAL WOMEN'S COLLEGE
OF THE PACHAIYAPPA'S TRUST
UNIVERSITY OF MADRAS AFFILIATED**



National Service Scheme (NSS)

PHOTO GALLERY – NSS ACTIVITIES 2024 – 2025

Napkin Distribution Programme on 18.06.2024



Women's Health and Hygiene Awareness Programme on 12.08.2024



Partition Horrors Remembrance Day on 14.08.2024





Anti-Drug Awareness Programme – on 16.08.2024


செல்லம்மாள் மகளிர் கல்லூரி
பச்சையப்பன் அறங்கட்டளை
கிண்டி, சென்னை - 32
(தேசியத் தர மதிப்பீட்டில் 'பி' சான்று பெற்றது)

நாட்டு நலப்பணித் திட்டம்
போதைப் பொருள் ஒழிப்பு விழிப்புணர்வு நிகழ்வு
தலைப்பு: 'போதை இல்லா பாதை'

நாள்: 16-08-2024 நேரம்: காலை 10.00 மணி

சிறப்பு விருந்தினர்கள்

பாஸ்கரன் கிருஷ்ணமூர்த்தி
கட்டுரையாளர்,
காந்திய சிந்தனையாளர்,
முன்னாள் வருமான வரி அதிகாரி



டாக்டர் ஜெயபிரீ ஷர்மா
மகப்பேறு மற்றும் பொதுநல மருத்துவர்



தலைமை
முனைவர் வே.மலர்விழி
கல்லூரி முதல்வர்

நாட்டு நலப்பணித்திட்ட அலுவலர்கள்
முனைவர் மு.ச.சுமதி
முனைவர் செ.கனிமொழி
முனைவர் சு.சசா





Cancer Awareness Orientation Programme on 22.08.2024



Menstrual Wellness Programme on 03.09.2024



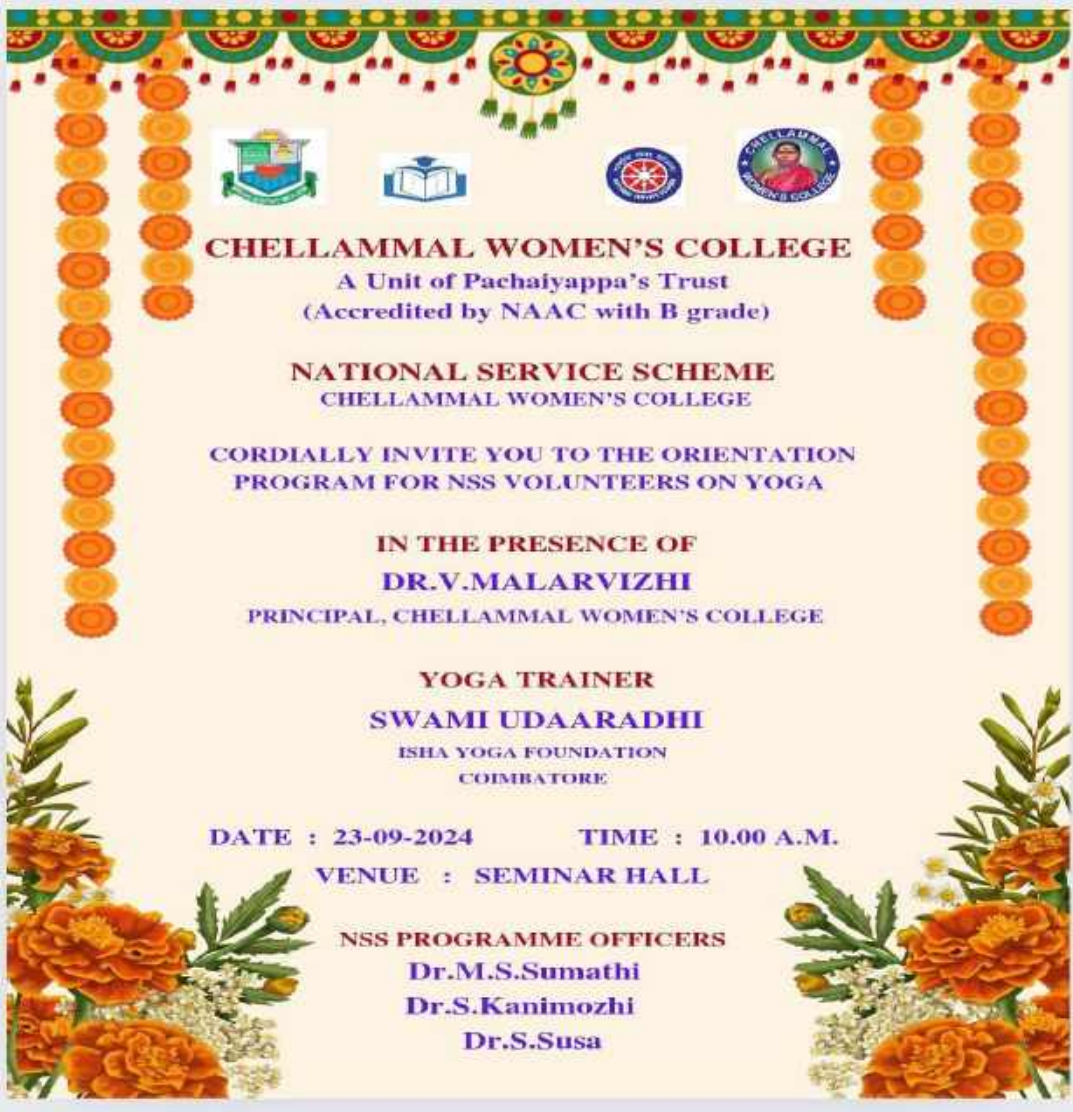
Kabasura Kudineer Distribution on 06.09.2024



Deworming Tablets Distribution Drive on 11.09.2024



Yoga Orientation Programme on 23.09.2024



CHELLAMMAL WOMEN'S COLLEGE
A Unit of Pachaiyappa's Trust
(Accredited by NAAC with B grade)

NATIONAL SERVICE SCHEME
CHELLAMMAL WOMEN'S COLLEGE

**CORDIALLY INVITE YOU TO THE ORIENTATION
PROGRAM FOR NSS VOLUNTEERS ON YOGA**

IN THE PRESENCE OF
DR.V.MALARVIZHI
PRINCIPAL, CHELLAMMAL WOMEN'S COLLEGE

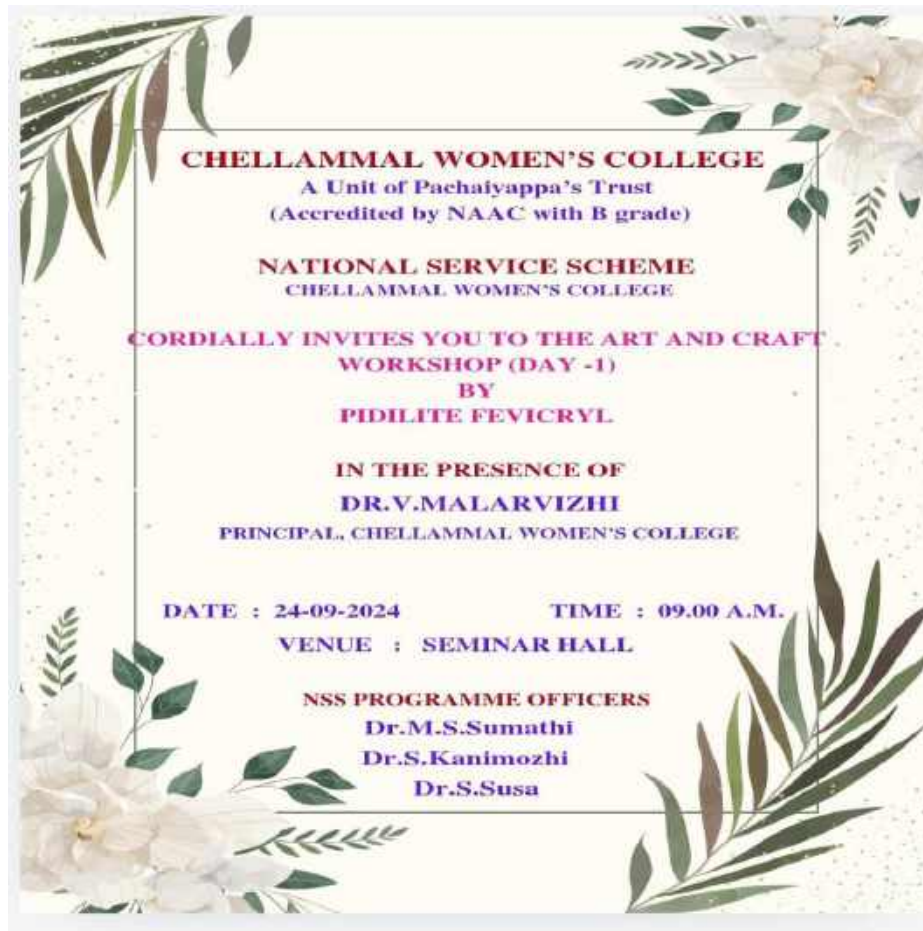
YOGA TRAINER
SWAMI UDAARADHI
ISHA YOGA FOUNDATION
COIMBATORE

DATE : 23-09-2024 TIME : 10.00 A.M.
VENUE : SEMINAR HALL

NSS PROGRAMME OFFICERS
Dr.M.S.Sumathi
Dr.S.Kanimozhi
Dr.S.Susa



Art and Craft Skill Development Workshop from 24.09.2024





vivo V25 Pro
Sep 24, 2024, 11:37



**World Ozone Day – Mega Recycle Exchange Drive
(16.09.2024 to 15.10.2024)**



**UNIVERSITY OF MADRAS
NATIONAL SERVICE SCHEME
DREAM KALAM INTERNATIONAL**

Taking Initiative and Responsibility
in all the Colleges @ own campus to Save Ozone Layer on



From September 16th to October 15th 2024



*Minimum 3 Kg of
Old Paper Drive
(Used Note Books &
News Papers)*

Every Participants will be awarded with Saplings and Certificates

One Day challenge to save environment
Mega Recycle Exchange Drive to save Ozone layer

Event Organised by

Dr. VANEETA AGGARWAL
NSS CO-ORDINATOR - UNIVERSITY OF MADRAS



Mr. J. SHANKAR
FOUNDER & PRESIDENT DREAM KALAM INTERNATIONAL

For Details :

78457 55661 / 78457 55663
78457 55662 / 97107 09900



 [Dream Kalam](#)  [dreamkalam_trust](#)
 [Dream Kalam](#)  [www.dreamkalam.com](#)



Vigilance Awareness Week – Integrity Pledge on 28.10.2024



Anti-Drug Awareness Signature Campaign on 09.01.2025





Chennai, Tamil Nadu, India
Science Block, Chellammal Womens College, Little Mount,
Guindy, Chennai, Tamil Nadu 600032, India



GPS Map Camera



Chennai, Tamil Nadu, India
Science Block, Chellammal Womens College, Little Mount,
Guindy, Chennai, Tamil Nadu 600032, India



Chennai, Tamil Nadu, India
Science Block, Chellammal Womens College, Little Mount,
Guindy, Chennai, Tamil Nadu 600032, India



Drug-Free Tamil Nadu Pledge Programme on 10.01.2025



Cyber Awareness Walkathon – 1930 Helpline on 29.01.2025



Leprosy Awareness and Medical Camp on 30.01.2025





GPS Map Camera
Lat 13.013378, Long 80.220419
01/30/2025 12:32 PM GMT+05:30



GPS Map Camera
Lat 13.013394, Long 80.220425
01/30/2025 12:33 PM GMT+05:30

State Level Workshop – Youth for Social Justice (31.01.2025 to 02.02.2025)







02/27/2025 08:17
Coimbatore, India



Google

GPS Map Camera

Coimbatore, Tamil Nadu, India
2vqh+7w5, Bharathiyar University, Coimbatore, Tamil Nadu 641046, India
Lat 11.038151° Long 76.879926°
31/01/2025 09:59 AM GMT +05:30



Anti-drug awareness pledge on 28.02.2025



Self-defence Training Programme on 04.03.2025





Chennai, Tamil Nadu, India
Area, Navalagar Nagar, Navalagar Nagar, Chepauk, Triplicane,
Chennai, Tamil Nadu 600005, India
Lat 13.066183° Long 80.282876°
04/03/2025 01:50 PM GMT +05:30



“ஒன்றிணைவோம்” Mega Awareness Programme on 13.03.2025



Sensitization & Action Program on Empowering NSS Leaders on 14.03.2025



HCLFoundation



CANCER INSTITUTE (WIA)

**Cancer Institute (WIA), Adyar, Chennai
&**

National Service Scheme (NSS), University of Madras, Chennai

Jointly Organized the Sensitization & Action Program on

"Empowering NSS Leaders: Establishing YACC Clubs for Cancer Prevention and Tobacco-Free Educational Institutions"

Certificate of Appreciation

Mr./Ms./Dr. KAMALIKA G

from CHELLAMMAL WOMEN'S COLLEGE has actively participated in the Sensitization and Action Programme on Empowering NSS Leaders held on 14th March 2025 at the Cancer Institute (WIA), Chennai.

We appreciate the participant's commitment and contribution to this initiative.

Vaneeta

Dr. Vaneeta Aggarwal
NSS Coordinator
University of Madras
Chennai

K. Krishnaraj

Dr. K. Krishnaraj
Joint Director (Non Communicable Diseases) / State Nodal Officer, NTCP
Directorate of Public Health and Preventive Medicine,
Government of Tamil Nadu

Surendran

Dr. V. Surendran
Prof. & Head,
Dept. of Psycho-oncology & RCTC
Cancer Institute (WIA)

Mega Human Chain Awareness Programme – Drug-Free Tamil Nadu
on 15.03.2025

UNIVERSITY OF MADRAS
DREAM KALAM
2025

போதை இல்லா தமிழ்நாடு - 2025- MEGA HUMAN CHAIN AWARENESS

Our Honourable Chief Guest

DR. J. VIJAYARANI IAS
ADDITIONAL COMMISSIONER
GREATER CHENNAI CORPORATION

DR. A. AMALRAJ IPS
ADDITIONAL DIRECTOR
GENERAL OF POLICE (ADGP)
Enforcement Bureau CID - Tamilnadu

DR. VANEETA AGGARWAL
HR COORDINATOR
UNIVERSITY OF MADRAS

TR. P. SAKILAN
FOUNDER, TCOA / TCC /
NEWS TAMIL 24X7 /
NEWS MALAYALAM 24X7 /
TVC ZIBR

DR. RITHIK BALAJI
CHAIRMAN
REMO INTERNATIONAL COLLEGE

A WORLD RECORD FOR
MOST SIGNATURES ON A CLOTH PIECE TOWARDS DRUG FREE TAMILNADU - 2025

REMO INTERNATIONAL COLLEGE
WORLD RECORDS UNION
ASIA BOOK OF RECORDS
India Book of Records
NEWS தமிழ் 24X7
CAPRICS LEARNING LAB

On 15/03/2025 - 6.30AM @ BESANT NAGAR BEACH

அனைவரும் ஒன்றிணைவோம் போதைகளை ஒழிப்போம்! தமிழ்நாட்டை காப்போம் !!



Regular NSS Extension Activity



Chennai, Tamil Nadu, India
Lab Block, Cheilammai Women's College, Little Mount,
Guindy, Chennai, Tamil Nadu 600032, India
Lat 13.013967° Long 80.22094°
21/01/25 02:19 PM GMT +05:30

