

BEST PRACTICES

1. TITLE OF THE PRACTICE: AN EFFECTIVE RRC & YRC UNIT

OBJECTIVE OF THE PRACTICE

- To develop leadership qualities among the students
- To encourage students to be involved in humanitarian services
- To promote social and health awareness among students
- To enhance civic responsibilities of the students

CONTEXT

Established in 1863, RRC is an international organization meant for humanitarian services. It is a voluntary organization where regardless of any frontiers or race, the members abide by the principles of humanity, partiality, neutrality, independence, voluntary, service, and unity.

YRC is a constituent of Indian Red Cross. The club focuses on equipping the young students in terms of civic responsibility, health, spirit of service, et cetera. In our college under the guidance of a Programme Officer, the students actively participate in the club initiatives in accordance with its fundamental principle.

PRACTICE

- Students participate in convention competitions
- Health awareness programmes are conducted
- The club observes important days such as 'World Mental Health Day', 'International Women's Day' etc.
- Students are sensitized about protection of health and life through various events

EVIDENCE OF SUCCESS

- Students strive to be more empathetic and connected with the society which is evident through their active participation in the competitions conducted and the messages they convey through art
- There has been an increase in the number of students who voluntarily donate blood and health awareness of students

2. TITLE OF THE PRACTICE: ENHANCING COMMUNITY SERVICE THROUGH ROTARACT CLUB

OBJECTIVE OF THE PRACTICE

- To practice and promote vocational responsibilities
- To augment leadership qualities in students
- To provide assistance to the underprivileged in education
- To organize awareness programmes related to protection of health and environment

CONTEXT

Community service is at the heart of the club. It strives in every way possible to help the underprivileged, provide medical assistance, contribute towards education etc.

PRACTICE

The Rotary Club of Chellammal Women's College and the ROTARACT CLUB OF CHENNAI EAST RAPURAM jointly organized a free medical camp on 09.02.2024. In this medical camp, women were screened for breast cancer (MAMMOGRAM TEST) through Ramachandra Hospital. An eye screening camp was held by VHS Hospital. A general health checkup (GENERAL TEST) was conducted by Nandalala Foundation. College students, their parents and the general public participated and benefited from this camp. More than 60 women were screened for breast cancer (MAMMOGRAM TEST). More than 500 people were given free eye screening and more than 200 people were given dental screening. More than a thousand people were given health advice and tests.

On 17/8/2023 at the inaugural meeting of our college's Rotary Union 92 books were distributed to the economically underprivileged students as part of the book banks scheme. Senior Rotarians who attended the event administered pledges to the Rotaract club members on preserving the main objectives of the organization such as protecting the environment, helping the poor and needy, and paying the tuition fees of the students. Books were provided to each department in our college.

EVIDENCE OF SUCCESS

- All students have access to text books and study materials and they have shown good progress in academics
- Free meals and support to the needy is provided through the Food Project. No one goes hungry in the campus
- The Medical camps organized have heightened the sensitivity of the students in relation to being proactive in taking care of their health

